## SPEECH COMPETITION ORGANIZED AT SHAIKH COLLEGE OF EDUCATION



Shaikh College of Education organized speech competition for the teacher trainees recently at the college premises recently. The objective of the competition was to help teacher trainees to gain their confidence and improve their communication skills. The oratory skills displayed by the participants were of the highest order. The event began with welcome speech by Mr. Anand Madar.

The teacher trainees presented their perspective on the topic "importance of Sports". They won the hearts of the judges and the audience with their confidence, expressions and talent. Addressing the gathering Dr. I. P. Sutar, Principal, Shaikh College of Education said that sports help everyone to improve and maintain physical ability and skills. Sports help everyone to improve and maintain physical ability and skills, she added. She further said that sports do not provide only physical strength however it increases mental power too. Outdoor sports such as football, cricket, volleyball, hockey, running, etc helps in improving physical health and mental fitness. However, some indoor games and sports like brain games, chess, Sudoku, etc improves mental power and concentration level.

Education. The event was coordin concluded with vote of thanks propos		